213243

MAY 8 1975

WHEREAS, approximately 170,000 citizens of the San Diego area are estimated to have high blood pressure, of which 80,000 are unaware that they have this disease; and

WHEREAS, only about 40,000 are now receiving adequate treatment for said disease; and

WHEREAS, high blood pressure is a leading cause of stroke, heart disease, and kidney damage, and thus can lead to death and disability; and

WHEREAS, high blood pressure is the leading cause of death among black citizens of San Diego and across the United States; and

WHEREAS, the knowledge, medications, and other treatments are available to effectively detect and control high blood pressure so that those who have it can lead normal, healthy lives; and

WHEREAS, the Hypertension Screening, Education & Counseling Clinic, sponsored by the Black Action Committee, Inc., is a participant in the National High Blood Pressure Month and will provide free blood pressure tests to all City personnel; NOW, THEREFORE,

BE IT RESOLVED, by the Council of The City of San Diego, as follows:

That the month of May, 1975 shall be designated and is hereby proclaimed to be High Blood Pressure Month and all civic,

scientific, medical, educational, voluntary and health care professions and organizations of San Diego are urged to commemorate this month and the months and years to come through their efforts to educate everyone as to the detection and control of this silent killer.

BE IT FURTHER RESOLVED, that all citizens of San Diego are urged to:

- Obtain blood pressure checks for themselves and all members of their families; and
- 2. If their blood pressure is high, to seek a physician's advice, to be certain the advice is understood, and to follow the recommended treatment for control of this silent killer.

APPROVED: JOHN W. WITT, City Attorney

Chief Deputy City Attorney

JK:k:066

4-23-75

Or.Dept.: Councilman Williams

Passed and adopted by the Council	of The City of San Di	ego on	MAY 8 1975	
y the following vote:	·	_		
Councilmen Gil Johnson Maureen F. O'Connor Lee Hubbard Leon L. Williams Floyd L. Morrow Bob Martinet Jim Ellis Jess D. Haro Mayor Pete Wilson	Yeas D D D D D D D D D D D D D D D D D D D	Nays	Excused	Absent
AUTHEN	FICATED BY:			
	·······	Mayor of T	PETE WILSO he City of San Di	
(Seal)	( By		EDWARD NIELS The City of San	Diego, California .
	Office o	f the City Cl	erk, San Diego, C	alifornia
	Resolution 21	3243	Adopted	1AY 8 1975

CC-1276 (REV. 1-75)