(R-86-2647)

RESOLUTION NUMBER R- 266230
ADOPTED ON JUL 15 1986

WHEREAS, as part of its FY 1987 negotiated benefits package, the City is providing the CITYHEALTH Wellness Program to its employees; and

WHEREAS, this program will provide health risk assessment and training to approximately 650 City employees; and

WHEREAS, the health risk assessment includes a basic health review by a preventive medicine nurse, blood chemistries analysis with a complete lipid profile, a body composition analysis (skinfold), blood pressure analysis and musculoskeletal evaluation; and

WHEREAS, training is to include a one-hour health profile feedback session with written nutritional and exercise guidelines tailored to the individual's results; and

WHEREAS, the twelve-hour training session includes topical treatment on the overviews of optimal health, stress awareness and stress management, practical nutrition, exercise and weight control, minimizing the risk of cancer and chemical dependency; and

WHEREAS, monies are available in the FY 1987 Budget in the Risk Management Department; NOW, THEREFORE,

BE IT RESOLVED, by the Council of The City of San Diego, that the City Manager be and he is hereby authorized and empowered to execute, for and on behalf of said City, an agreement with Sharp APPROVED: John W. Witt, City Attorney

Вy

ack Katz, Chief Deputy

JK:smm 6/30/86 Aud.Cert:8700039 Or.Dept:Risk.Mgt. R-86-2647 Form=r.auagr

The City of San Diego

CERTIFICATE OF CITY AUDITOR AND COMPTROLLER

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	The City of San Diego on					
Passed and adopted by the Council of The by the following vote: Council Members Abbe Wolfsheimer Bill Cleator Gloria McColl William Jones Ed Struiksma Mike Gotch Judy McCarty Uvaldo Martinez	Yeas Nays Not Present Ineligible					
Mayor Maureen O'Connor AUTHENTICATED BY: (Seal)	MAUREEN O'CONNOR Mayor of The City of San Diego, California. CHARLES G. ABDELNOUR Chy Clerk of The City of San Diego, California. By Slackell , Deputy.					
	Office of the City Clerk, San Diego, California Resolution A 266230 Number Adopted JUL 15 1986					

CC-1276 (Rev. 6-86)

RECEIVED CITY CLERK'S GIFFIE 1986 JUL -2 PM 12: 10 SAN DIEGO, CALIF.