RESOLUTION NUMBER R-272259

ADOPTED ON NOV 07 1988

WHEREAS, the trend toward physical fitness has become predominant in the lifestyles of many who live, work and visit in downtown San Diego; and

WHEREAS, Harborview Fitness Course provides a safe, sound exercise alternative that promotes strength, flexibility, and cardiovascular fitness to participants by providing five easily identifiable walking/jogging routes, informative signage, and exercise suggestions; and

WHEREAS, the natural terrain of the Centre City, the Embarcadero and Balboa Park provide for a variety in the intensity and distance of the prescribed routes and the activities are adaptable to the individual's current fitness capacity and provides a challenge to improve performance; and

WHEREAS, the Project is a result of a successful partnership between the public and private sector, which Harbor View Medical Center, the San Diego County Medical Society, along with the Central City Association have funded and are now donating to the City as a symbol of their interest in promoting fitness and good health to the citizens and visitors of this City; and

WHEREAS, the five marked routes unify major hotels, businesses, and residential areas into a graphically displayed system which safely guides the user throughout downtown; and, the sixteen miles of pedestrian trails are readily accessible and

identifiable to hundreds of thousands of employees, visitors, and residents within downtown San Diego each day; NOW, THEREFORE,

BE IT RESOLVED, by the Council of The City of San Diego that this Council, for and on behalf of said City, hereby extends this expression of gratitude and commendation to the Harbor View Medical Center, the San Diego County Medical Society and the Central City Association for their contributions to the health and vitality of San Diego and its people.

APPROVED: JOHN W. WITT, City Attorney

By

Katz, Chief Deput

JK:fs 10/12/88

Or.Dept:Mayor

R - 89 - 748

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NOV 07 1988 Passed and adopted by the Council of The City of San Diego on..... by the following vote: **Council Members** Yeas Nays Not Present Ineligible Abbe Wolfsheimer **Ron Roberts** Gloria McColl H. Wes Pratt Ed Struiksma J. Bruce Henderson Judy McCarty **Bob Filner** Mayor Maureen O'Connor MAUREEN O'CONNOR **AUTHENTICATED BY:** Mayor of The City of San Diego, California. CHARLES G. ABDELNOUR
City Clerk of The City of San Diego, California. (Seal) By Maylee S. Potterno, Deputy. Office of the City Clerk, San Diego, California

NOV 07 1988

Adopted .....

CC-1276 (Rev. 12-87)

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