

RESOLUTION NUMBER R- 292339

ADOPTED ON OCT 25 1999

WHEREAS, the Joslyn Senior Center is celebrating its tenth anniversary in Rancho Bernardo; and

WHEREAS, the Joslyn Senior Center continues is an active and involved member of the Rancho Bernardo Community, providing a wide range of services and activities for seniors and contributing to the quality of life that is such a source of pride in Rancho Bernardo; and

WHEREAS, the Joslyn Senior Center tends to the health of local seniors by offering free hearing exams, eyeglass adjustments, blood pressure screenings, depression evaluations, psychotherapy, and health discussion groups; and

WHEREAS, the Joslyn Senior Center provides support groups for widows, widowers, and seniors suffering from Parkinson's disease, arthritis, diabetes, cancer and other interests as needed; and

WHEREAS, the Joslyn Senior Center helps seniors move into the Information Age by organizing classes in computer proficiency; and

WHEREAS, the Joslyn Senior Center works to combat loneliness and isolation among seniors by organizing day trips to points of interest and cultural events across Southern California; and

WHEREAS, the Joslyn Senior Center offers classes in aerobics, weights, chair exercises, and stretch yoga, along with regular bingo, poker, canasta, and bridge games; NOW,

THEREFORE,

BE IT RESOLVED, by the Council of The City of San Diego, that this Council, for and on behalf of the people of San Diego, does hereby recognize and commend the Joslyn Senior Center for their efforts to improve the health care, self-sufficiency, and cultural life of Rancho Bernardo seniors and does congratulate them on their ten-year anniversary.

BE IT FURTHER RESOLVED, that Monday, October 24, 1999 be and is hereby proclaimed to be "**Joslyn Senior Center Day**" in The City of San Diego.

APPROVED: CASEY GWINN, City Attorney

By Stuart H. Swett
Stuart H. Swett.
Deputy City Attorney

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