

RESOLUTION NUMBER R- 303439

DATE OF FINAL PASSAGE MAR 14 2008

WHEREAS, Cathy Hopper was hired in 1976 as the Executive Director of the Clairemont Friendship Senior Center, which was later re-named LiveWell San Diego, which offers socialization for seniors through exercise and educational classes and enrichment programs; and

WHEREAS, with continued grant writing and community involvement, she was able to raise over \$800,000, which was turned over to the City of San Diego to build the present center in the North Clairemont Park; and

WHEREAS, in 1979 she recognized the need for seniors to have in-home alarm systems and coordinated a grant writing effort that started the Senior Emergency Alert System, which currently provides more than 750 seniors the ability to live in their own homes instead of assisted living facilities; and

WHEREAS, Cathy teamed with the County of San Diego in 1986 to run the highly successful Adult Social Day Care and Senior Nutrition Programs, which targeted seniors with short-term memory loss, and provided activities to keep them mentally and physically alert while offering caregiver respite; and

WHEREAS, in 1986, the first of six senior lunch programs was started to provide nutritious meals served in a group setting for socialization. A van is available for lunch transport and home-delivered meals are provided for home-bound seniors; and

(R-2008-634)
(COR. COPY)

WHEREAS, in 1999 she began administering the OASIS program in Mission Valley.
This national educational program for adults 50 and over offers classes in the arts, humanities, wellness, and volunteerism; and

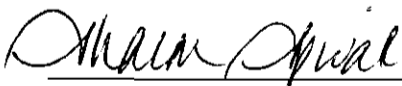
WHEREAS, in 2004 she began administering the Florence Riford Senior Center (FRSC) in La Jolla because of her expertise in operating senior centers; and

WHEREAS, Cathy has decided to retire after over thirty-one years of service as executive director of LiveWell San Diego; NOW, THEREFORE,

BE IT RESOLVED, by the Council of the City of San Diego, that this Council, for and on behalf of the citizens of San Diego, commends Cathy for her commitment to the senior residents of San Diego.

BE IT FURTHER RESOLVED, that the San Diego City Council recognizes her significant contributions in laying a strong foundation that will allow LiveWell San Diego to succeed in its mission for years to come, and that March 4, 2008, be and is hereby proclaimed to be "CATHY HOPPER DAY" in the City of San Diego.

APPROVED: MICHAEL J. AGUIRRE, City Attorney

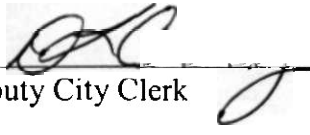
By 
Sharon B. Spivak
Deputy City Attorney

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02/21/08 (COR. COPY)
Or.Dept:Council-Frye
R-2008-634

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(COR. COPY)

I hereby certify that the foregoing Resolution was passed by the Council of the City of San Diego, at this meeting of MAR - 4 2008.

ELIZABETH S. MALAND
City Clerk

By 
Deputy City Clerk

Approved: 3-14-08
(date)


JERRY SANDERS, Mayor

Vetoed: _____
(date)

JERRY SANDERS, Mayor