

RESOLUTION NUMBER R- 304942

DATE OF FINAL PASSAGE JUN 12 2009

WHEREAS, heart disease affects men, women, and children of every age and race in the United States and it continues to be the leading cause of death in America; and

WHEREAS, sudden cardiac arrest (SCA) is a leading cause of death among adults over the age of 40 in the United States and other countries. In the United States alone, approximately 250,000 people die every year from SCA, according to the Centers for Disease Control and Prevention; and

WHEREAS, SCA is the sudden unexpected loss of heart function, breathing and consciousness. SCA usually results from an abnormal heart rhythm, often as a result of underlying heart conditions. Unfortunately, many people do not realize they have underlying heart conditions-- until SCA occurs; and

WHEREAS, approximately 295,000 emergency medical services-treated, out-of-hospital cardiac arrests occur annually nationwide. Roughly 92 percent of sudden cardiac arrest victims die before being discharged from a hospital. Unfortunately, only 31.4 percent of out-of-hospital cardiac arrest victims receive bystander cardiopulmonary resuscitation (CPR); and

WHEREAS, prompt delivery of CPR more than doubles the victim's chance of survival by helping to maintain vital blood flow to the heart and brain, increasing the amount of time in which an electric shock from a defibrillator may be effective; and

WHEREAS, an automated external defibrillator (AED), even when used by a bystander, is safe, easy to operate and, if used immediately after the onset of sudden cardiac arrest, highly

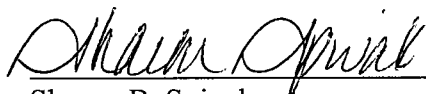
effective in terminating ventricular fibrillation so the heart can resume a normal, effective rhythm; and

WHEREAS, for every minute without bystander CPR, survival from witnessed cardiac arrest decreases 7 to 10 percent. The interval between the 911 telephone call and the arrival of Emergency Medical Services personnel is usually longer than five minutes; therefore, a cardiac arrest victim's survival is likely to depend on a public trained in CPR and AED use and access to these lifesaving devices; and

WHEREAS, the American Heart Association, the American Red Cross, the National Safety Council and San Diego Project Heart Beat are preparing a public awareness and training campaign on CPR and AED use, to be held during the first week of June; NOW, THEREFORE,

BE IT RESOLVED, by the Mayor and the Council of the City of San Diego, that June 1 to 7, 2009, is hereby proclaimed to be "**NATIONAL CPR AND AED AWARENESS WEEK**" in the City of San Diego.

APPROVED: JAN I. GOLDSMITH, City Attorney

By 
Sharon B. Spivak
Deputy City Attorney

SBS:amt
05/13/09
Or.Dept:Corp.Partnership
R-2009-1150

I hereby certify that the foregoing Resolution was passed by the Council of the City of San Diego, at this meeting of JUN 02 2009.

ELIZABETH S. MALAND
City Clerk

By *Asha Richard*
Deputy City Clerk

Approved: 6.12.09
(date)

JSL
JERRY SANDERS, Mayor

Vetoed: _____
(date)

JERRY SANDERS, Mayor