

RESOLUTION NUMBER R- 316215

DATE OF FINAL PASSAGE MAY 22 2025

A RESOLUTION OF THE COUNCIL OF THE CITY OF
SAN DIEGO AUTHORIZING THE MAYOR OR HIS
DESIGNEE TO ENTER INTO AN AGREEMENT WITH
CONCENTRA HEALTH SERVICES INC. TO PROVIDE
PHYSICAL WELLNESS SERVICES TO THE SAN DIEGO
FIRE-RESCUE DEPARTMENT

RECITALS

The Council of the City of San Diego (Council) adopts this Resolution based on the following:

A. The City of San Diego (City) Fire-Rescue Department (SDFD) Health & Safety Wellness Program provides annual medical and fitness evaluations, ongoing education, lifestyle and behavioral programs, injury prevention, and data collection for SDFD personnel.

B. The Wellness Program, instituted in 2004, has been a veritable success, resulting in lower injury rates and a healthier and more resilient workforce.

C. In December of 2023, the Purchasing and Contracting Department initiated a Request for Proposal (RFP) for a comprehensive physical wellness program, which includes the provision of medical, physical wellness, and rehabilitation services (Services) to all classifications of SDFD Firefighters and Lifeguards.

D. Concentra Health Services, Inc. (Concentra) was selected to provide the Services for SDFD's Wellness Program through the City's RFP process, resulting in the proposed agreement between the City and Concentra (Agreement).

E. The Services to be provided by Concentra for SDFD's Wellness Program are in accordance with the Fire Service Joint Labor Management Wellness-Fitness Initiative and meets the International Association of Fire Chiefs (IAFC) and International Association of Firefighters (IAFF) criteria for this type of program.

F. As part of the Services, the Injury Rehabilitation and Prevention Program (IRPP), will work to increase the overall health of the City's Firefighters and Lifeguards, boost injury resiliency through aggressive and proven techniques, and provide faster rehabilitation for minor injuries to the SDFD workforce. It is expected that the IRPP will continue decrease overtime expenditures due to vacancies resulting from injuries and increase the number of SDFD first responders available to serve the public.

G. The proposed Agreement is for a term of three (3) years, with two (2) optional one (1) year extensions.

H. The proposed Agreement is for an amount not to exceed \$12,069,945 for the total term of the Agreement, including the two (2) one (1) year options.

I. The Office of the City Attorney prepared this Resolution based on the information provided by City staff (including information provided by affected third parties and verified by City staff), with the understanding that this information is complete and accurate.

ACTION ITEMS

Be it resolved by the Council of the City of San Diego:

1. The Council authorizes the Mayor, or his designee, to enter into an agreement between the City and Concentra Health Services, Inc in an amount not to exceed \$12,069,945 for a comprehensive physical wellness program for a term of three years with two (2) optional one (1) year extensions.

2. The Council authorizes the Chief Financial Officer to appropriate and expend an amount not to exceed \$12,069,945 for a comprehensive physical wellness program for a term of three years with two (2) optional one (1) year extensions contingent upon the adoption of the Annual Appropriation ordinance for the applicable fiscal year and upon the Chief Financial

Officer furnishing one or more certificates certifying that funds necessary for expenditure are, or will be, on deposit with the City Treasurer.

APPROVED: HEATHER FERBERT, City Attorney

By *Daniel Orloff*
~~for~~ Daniel Orloff
Deputy City Attorney

DO1:jdf
04/07/2025
05/08/2025 COR. COPY
Or.Dept: Fire Rescue
Doc. No. 4015816

I certify that the Council of the City of San Diego adopted this Resolution at a meeting held on
MAY 13 2025.

DIANA J.S. FUENTES
City Clerk

By *Kristell Medina*
Deputy City Clerk

Approved: *5/22/25*
(date)

Todd Gloria
TODD GLORIA, Mayor

Vetoed: _____
(date)

TODD GLORIA, Mayor

Passed by the Council of The City of San Diego on MAY 13 2025, by the following vote:

| Councilmembers | Yeas | Nays | Not Present | Recused |
|---------------------|-------------------------------------|-------------------------------------|-------------------------------------|--------------------------|
| Joe LaCava | <input type="checkbox"/> | <input type="checkbox"/> | <input checked="" type="checkbox"/> | <input type="checkbox"/> |
| Jennifer Campbell | <input type="checkbox"/> | <input checked="" type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| Stephen Whitburn | <input checked="" type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| Henry L. Foster III | <input checked="" type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| Marni von Wilpert | <input type="checkbox"/> | <input type="checkbox"/> | <input checked="" type="checkbox"/> | <input type="checkbox"/> |
| Kent Lee | <input checked="" type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| Raul A. Campillo | <input checked="" type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| Vivian Moreno | <input type="checkbox"/> | <input type="checkbox"/> | <input checked="" type="checkbox"/> | <input type="checkbox"/> |
| Sean Elo-Rivera | <input checked="" type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |

Date of final passage MAY 22 2025.

(Please note: When a resolution is approved by the Mayor, the date of final passage is the date the approved resolution was returned to the Office of the City Clerk.)

AUTHENTICATED BY:

TODD GLORIA

Mayor of The City of San Diego, California.

(Seal)

DIANA J.S. FUENTES

City Clerk of The City of San Diego, California.

By Linda Dravin, Deputy

Office of the City Clerk, San Diego, California

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